

Arc'teryx Men's Sizing Charts



How to Find Your Measurements

Sleeve:

With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.

Chest/Bust:

Measure around your chest/bust, holding the measuring tape under your armpit.

Waist:

Measure around your waist at the narrowest part.

Hip:

Measure around your hips at the widest part.

Crotch To Ankle:

From a standing position, measure from your crotch to your ankle.

Men's Jacket/Shirt Sizing

Calculate your own body measurements, then select your product size.

Body Size	X-Small 36		Small 38		Medium 40		Large 43		X-Large 46		XX-Large 50	
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Chest	94	36	97	38	102	40	109	43	117	46	127	50
Waist	74	29	79	31	84	33	91	36	99	39	109	43
Hip	91	36	97	38	102	40	109	43	117	46	127	50
Sleeve	81	32	84	33	86	34	89	35	91	36	94	37

Men's Pant Sizing

Actual pant length will vary according to product end use.

Body Size	X-Small		Small		Medium		Large		X-Large		XX-Large	
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Waist	74	29	79	31	84	33	91	36	99	39	109	43
Hip	91	36	97	38	102	40	109	43	117	46	127	50
Crotch to Ankle	Your own body measurements											
Your Measurements												
Short	Short lengths—Subtract 5 centimetres 2 inches											
Regular	77	30 1/2	77	30 1/2	77	30 1/2	79	31 1/8	79	31 1/8	82	32 3/8
Tall	Tall lengths—Add 7.6 centimetres / 3 inches											

NOTE: Numerical Pant Sizing

Several models of Arc'teryx pants are sized numerically and may be available in different inseam lengths.

Please refer to the specific product page to see which waist size and inseam lengths are available for your product.

For all other pants available in numerical waist sizes where the inseam length is not specified, these following inseam lengths apply.

Body Size	28		30		32		34		36		38	
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Waist	71	28	76	30	81	32	86	34	91	36	97	38
Hip	91	35	94	37	99	39	104	41	109	43	114	45
	Pant inseam, length of actual garment											
Pant Inseam	81	32	81	32	83	33	86	34	88	35	89	35

Arc'teryx Women's Sizing Charts



How to Find Your Measurements

Sleeve:

With your arms in a slightly bent position, measure from the centre of the back of your neck, along the length of your arm, to the wrist.

Chest/Bust:

Measure around your chest/bust, holding the measuring tape under your armpit.

Waist:

Measure around your waist at the narrowest part.

Hip:

Measure around your hips at the widest part.

Crotch To Ankle:

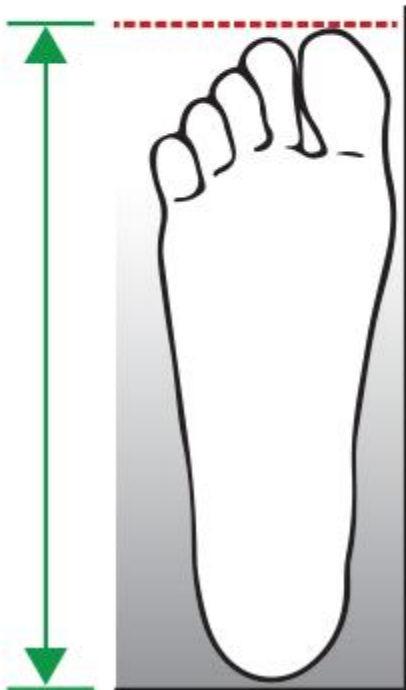
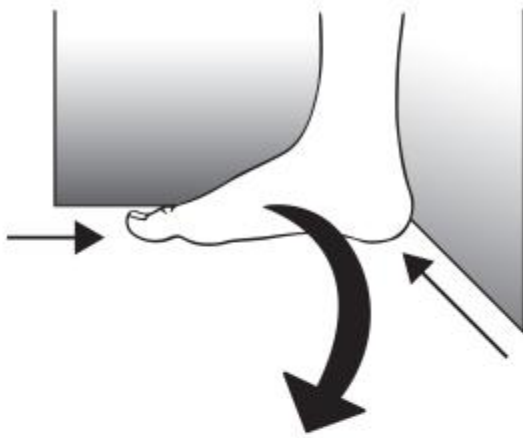
From a standing position, measure from your crotch to your ankle.

Women's Top Sizing

Calculate your own body measurements, then select your product size.

Body Size	X-Small 0-2		Small 4-6		Medium 8-10		Large 12-14		X-Large 16-18	
	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Chest	84	33	89	35	94	37	102	40	112	44
Waist	64	25	69	27	74	29	81	32	91	36
Hip	91	36	97	38	102	40	109	43	119	47
Sleeve	75	29 1/2	77	30 1/2	80	31 1/2	83	32 1/2	85	33 1/2

Arc'teryx Footwear Sizing Charts



How to Find Your Foot Measurements

Use the following information to help you find your foot measurements, then select the relevant size from the tables below.

Things you'll need:

- A corner wall with a 90° angle or a cardboard box
- A sheet of paper, a pen and a ruler
- The same type of socks that you would normally wear with your hiking shoes or boots

Measure your Foot:

With your foot placed on the ground, nestled in the 90° corner angle of the wall, make sure that your heel is touching the back wall, and that the side of your foot is touching the side wall.

Place a piece of paper underneath your foot and draw a line from directly in front of your big toe across to the side wall.

Then use your pen and ruler to draw a straight line intersecting the line that you just drew in front of your big toe, back towards the rear wall.

Use the above information to help you find your foot measurements, then select the relevant size from the tables below.

Arc'teryx Footwear Sizing chart

Calculate your measurements, then select your product size.

Centimetres	Inches	US Men's	US Women's	UK	Europe	Mondo
22	8.66	--	5	3.5	36	22
22.5	8.86	--	5.5	4	36 2/3	22.5
23	9.06	--	6	4.5	37 1/3	23
23.5	9.25	--	6.5	5	38	23.5
24	9.45	--	7	5.5	38 2/3	24
24.5	9.65	--	7.5	6	39 1/3	24.5
25	9.84	7	8	6.5	40	25
25.5	10.04	7.5	8.5	7	40 2/3	25.5
26	10.24	8	9	7.5	41 1/3	26
26.5	10.43	8.5	9.5	8	42	26.5
27	10.63	9	10	8.5	42 2/3	27
27.5	10.83	9.5	10.5	9	43 1/3	27.5
28	11.02	10	11	9.5	44	28
28.5	11.22	10.5	11.5	10	44 2/3	28.5
29	11.42	11	12	10.5	45 1/3	29
29.5	11.61	11.5	--	11	46	29.5
30	11.81	12	--	11.5	46 2/3	30
30.5	12.01	12.5	--	12	47 1/3	30.5
31	12.20	13	--	12.5	48	31
31.5	12.40	13.5	--	13	48 2/3	31.5
32	12.60	14	--	13.5	49 1/3	32