

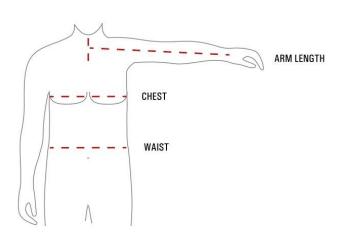
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IAIG	n:

Sizing

How to measure Switch to inches

	Chest	Waist	Sleeve
XXS (38)	86cm	71cm	81cm
XS (42)	90cm	71cm	83cm
S (46)	94cm	76cm	83cm
M (50)	102cm	81cm	86cm
L (54)	109cm	86cm	89cm
XL (58)	117cm	91cm	91cm
XXL (62)	122cm	96cm	91cm

N.B. The table above shows body measurements not garment measurements.



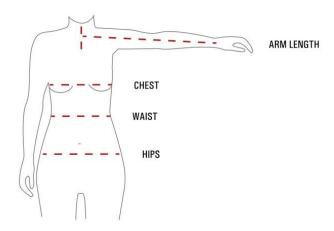
Women:

Switch to inches

	Chest	Waist	Sleeve	Hips	
6 (34)	79cm	65cm	66cm	85cm	
8 (36)	84cm	69cm	70cm	89cm	
10 (38)	89cm	72cm	70cm	94cm	
12 (40)	94cm	76cm	72cm	99cm	
14 (42)	99cm	81cm	74cm	104cm	
16 (44)	104cm	86cm	76cm	109cm	
18 (46)	109cm	91cm	76cm	114cm	

N.B. The table above shows body measurements not garmernt measurements.

How to measure



For Arm length measure from the centre back of your neck to your wrist.

Measure the full circumference of your Chest just below your armpits.

For your Waist find the top of your hip and measure the full circumference.